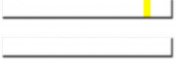


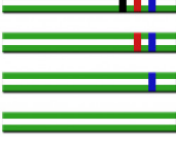
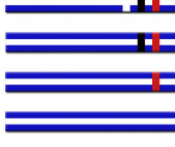


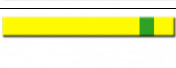









Starttid (hallen åpner)
 Antall elever per gruppe

10:00
 8

Fra	Til	Aldersklasse	Beltegrader
10:00 - 10:30	Alle		Hallen åpner + Fortløpende registrering starter (husk å møt opp minst 30 min før din gruppe starter gradering!)
10:30 - 11:20	Barn	10. gup - 10. gup-1	
11:20 - 12:15	Barn	9. gup - 9. gup-1	
12:15 - 13:45	Barn	8. gup - 7. gup-1	
13:45 - 14:40	Barn	6. gup - 1. gup-2	  
14:40 - 15:10	Alle		Pause
15:10 - 15:25	Ungdom + voksen	10. gup - 9. gup	
15:25 - 15:40	Ungdom + voksen	8. gup - 7. gup	 
15:40 - 16:15	Ungdom + voksen	6. gup - 5. gup-1	 
16:15 - 17:00	Ungdom + voksen	4. gup - 3. gup-1	   
17:00 - 17:50	Ungdom + voksen	2. gup - 1. gup-1	